## Gardener Shicole:



## Okra with Tomatoes & Onions

## **Ingredients**

1 can (14.5 oz) Hunt's fire roasted diced garlic tomatoes

1 ½ cup sliced okra

½ cup chopped onion

## **Directions**

Combine tomato, okra, and onion in a pan. Cook on medium heat for 10-15 minutes or until okra is tender.

Optional: Prepare white or brown rice as directed on package and serve okra with tomatoes and onions on top of rice.

*Note:* Substitute differently seasoned tomatoes for a different flavor.